

# IS A STUDENT AT RISK?

You are a Gatekeeper and your role in identifying students at risk is important. Remember that they confided in you for a reason and staying calm and empathetic is important. Use non-judgmental language to initiate more information.

## HIGH RISK

Student has voiced intent or a specific plan about suicide, has engaged in self-harm or self-harming-statements and/or has access to lethal means.

**If imminent danger is present, notify administration and/or call 911.**

## MODERATE RISK

Student may express direct or indirect statements about death or killing oneself, withdrawal, sleep disturbance, sudden mood changes and reckless behavior.

## LOW RISK

Take every warning sign seriously! Student may: express sadness, helplessness, worthlessness in verbal or written (art) expression and/or have marked changes in behavior.

### ACT WITH URGENCY

- DO NOT LEAVE STUDENT UNSUPERVISED
- Let student know that you care and cannot keep this information confidential
- Escort student to school counselor, if student will not go with you have school counselor come to you.
- Communicate all of your knowledge to school counselor
- You may be asked to remain during assessment
- Mental Health Team members will follow protocol from SAU 19 Suicide Intervention manual

### ACT NOW

- Keep student under supervision
- Support and validate student
- Notify school counselor immediately, if they are unavailable notify admin or mental health team
- School counselor or Mental Health team member will conduct assessment
- School counselor will advise on next steps for you

### ACT PROMPTLY

- Promptly notify school counselor of concern
- Communicate all of your knowledge to school counselor/ mental health team member
- School counselor will advise on next steps for you

### Mental Health Team

- School Counselors
- School Psychologist
- Emotional/Behavioral Specialist
- Building Admin

- **DO NOT COMMUNICATE Private Health information.** The Mental Health team/admin will:
  - o share any needed information with necessary staff
  - o consult with you as needed
  - o initiate parent contact and paperwork

### Next Steps:

- Debrief with all present members and present member of Mental Health Team
- Be supportive to student upon reentry while maintaining confidentiality
- Engage in reentry as necessary
- Post- event self-care
  - o LifeResources EAP at 800.759.8122

**CRISIS TEXT LINE |**

**Text HELLO to 741741**

Free, 24/7, Confidential

NATIONAL  
**SUICIDE PREVENTION LIFELINE**  
 1-800-273-TALK (8255)  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)